

SANT HARI DASS COLLEGE OF HIGHER EDUCATION

(RECOGNIZED BY NCTE, GOVT. OF INDIA, APPROVED BY DHE, GOVT. OF NCT OF DELHI, & AFFILIATED TO GGSIP University, DELHI)

## REPORT ON ONLINE FDP ON EXPLORE THE SELF

## Date: 19.07.2021 to 24.07.2021

SHDCHE has organized the FDP on the topic "Explore the self" from 19<sup>th</sup> July 2021 to 24<sup>th</sup> July 2021. It has been 6 days FDP and highlighted subtopics new challenges and opportunities for personal and professional development, experienced learning, informal education, value education, new education policy, yoga and mental health etc have been discussed in the FDP. Respectable resource person from different institutions have given lectures on these topics. It has been a very knowledgeable, beneficial and goal oriented FDP. Dr. Neelam Soni, director of the college concluded the FDP.

Jai Bhaglwan

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